

HAVE YOU BEEN THINKING ABOUT JOINING FITNESS PROGRAM?



Lose up to 30 LBS!^{*}

(AND MAKE A LIFESTYLE CHANGE)

GET A MONTH OF BOOT CAMP FREE!

Put this up in your lunchroom
and if anyone joins you get a
month Free!

All Shapes, Sizes and
Abilities...

NOBODY will be left
behind.

Lose Weight, Feel Great!

Dynamic instruction from
Certified Fitness Trainers

Calgary - Starts Monday
10 LOCATIONS IN CALGARY
*Join our Super Summer Special!
(only \$11.25 a session)

Bowness / Mount Pleasant 5:30 AM
Calgary N.E. 5:30AM and 5:30PM
Coventry Hills / Northern Hills 5:30AM and 5:30PM
Downtown 12 Noon
Downtown 5:30 PM
High River/Okotoks
North Glenmore Park 5:30 AM and 5:30PM
Tuscany 5:30AM and 6PM
Shawnessy 5:30 AM
Stanley Park /Marda Loop 5:30AM, 12 Noon and 6PM
North West 13th Ave and University Drive 5:30AM, 12 Noon and
6:30PM

www.fbcc.ca

Register Today
FOR This Monday
SPACE IS LIMITED!
Call 246-7386 Ext. 3